

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main Course	Pork & Leek Sausages Potatoes Vegetables Gravy	Fish Fillet. Potatoes Vegetables	Stuffed Bacon Rolls x 2 Potatoes Vegetables	Cottage Pie & Vegetables	Fish Fillet Potatoes Vegetables
Healthy Option	Chicken Jalfrezi & Boiled rice Naan Bread	Chilli Con Carne & Boiled rice	Chicken Fajita Pasta Bake	Chicken curry & Boiled Rice	Pasta Bolognese
Vegetarian Option	Quiche	Vegetable Kieff	Vegetarian Pasta Bake	Cheesy Salsa Wrap	Pizza
Sides	Baked Potatoes Salad bar	Baked Potatoes & Beans Salad bar	Baked Potatoes Salad bar	Baked Potatoes & Beans Salad bar	Baked Potatoes Salad bar
Grab & Go	Hotdogs Paninis Crusty rolls Soup	Chips Paninis Crusty rolls Tub gravy/pepper sauce Soup	Chicken Burger OR Beef Burger* Paninis Crusty rolls Soup	Chips Paninis Crusty rolls Tub gravy/curry sauce Soup	Pizza OR Chicken Goujons* Paninis Crusty rolls Soup

AVAILABLE DAILY:- SALAD BAR, FRESH SANDWICHES, WRAPS, SALAD ROLLS, PASTA SALADS, BREAD, MILK, WATER, SALAD, FRESH FRUIT. IF YOU HAVE ANY ALLERGY OR DIET REQUIREMENTS PLEASE SPEAK WITH A MEMBER OF THE CANTEEN STAFF

***Please Note:**

EVERY OTHER WEDNESDAY: Burger and Chicken burger will alternate each week.

EVERY OTHER FRIDAY: Margarita Pizza and Goujons will alternate each week.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main Course	Mince Pie Potatoes Vegetables Gravy	Fish fillet Potatoes Vegetables	Chicken Casserole Potatoes Vegetables	Vegetable Roll Potatoes Vegetables	Breaded Fish Potatoes Vegetables
Healthy Option	Chicken Curry & boiled rice	Chicken Tikka & Boiled rice	Chicken Fajita Wrap	Lasagne Garlic Bread	Sweet & Sour Chicken & Boiled Rice
Vegetarian Option	Vegetable curry & boiled rice	Filled Potato Skins	Noodles and Teriyaki Sauce	Tomato & Basil Pasta Bake	Cheesy SalsaWrap
Sides	Baked Potatoes Salad bar	Baked Potatoes & Beans Salad bar	Baked Potatoes Salad bar	Baked Potatoes & Beans Salad bar	Baked Potatoes Salad bar
Grab & Go	Hotdogs/Vegan Sausages Paninis Crusty rolls Soup	Chips Paninis Crusty rolls Tub gravy/pepper sauce Soup	Chicken Burger OR Beef Burger* Vegan Burger Paninis Crusty rolls Soup	Chips Paninis Crusty rolls Tub gravy/curry sauce Soup	Pizza OR Chicken Goujons* Paninis Crusty rolls Soup

AVAILABLE DAILY:- SALAD BAR, FRESH SANDWICHES, WRAPS, SALAD ROLLS, PASTA SALADS, BREAD, MILK, WATER, SALAD, FRESH FRUIT. IF YOU HAVE ANY ALLERGY OR DIET REQUIREMENTS PLEASE SPEAK WITH A MEMBER OF THE CANTEEN STAFF

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EVERY OTHER FRIDAY: Margarita Pizza and Goujons will alternate each week.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main Course	Pork chop Potatoes Vegetables Gravy	Battered Fish Potatoes Vegetables	Roast Beef Yorkshire Pudding Potatoes Vegetables	Chicken Pie Potatoes Vegetables	Fish Fillet Potatoes Vegetables
Healthy Option	Chicken Tikka & boiled rice Naan Bread	Peppered Beef & Boiled rice	Chicken Carbonara	Chicken Stir Fry & Noodles	Meatballs and Spaghetti
Vegetarian Option	Filled Potato Skins	Filled Omelette	Vegetable kiev	Noodles & Curry Sauce	Margherita Pizza
Sides	Baked Potatoes Salad bar	Baked Potatoes & Beans Salad bar	Baked Potatoes Salad bar	Baked Potatoes & Beans Salad bar	Baked Potatoes Salad bar
Grab & Go	Hotdogs/Vegan Sausages Paninis Crusty rolls Soup	Chips Paninis Crusty rolls Tub gravy/pepper sauce Soup	Chicken Burger OR Beef Burger* Vegan Burger Paninis Crusty rolls Soup	Chips Paninis Crusty rolls Tub gravy/curry sauce Soup	Pizza OR Chicken Goujons* Paninis Crusty rolls Soup

AVAILABLE DAILY:- SALAD BAR, FRESH SANDWICHES, WRAPS, SALAD ROLLS, PASTA SALADS, BREAD, MILK, WATER, SALAD, FRESH FRUIT. IF YOU HAVE ANY ALLERGY OR DIET REQUIREMENTS PLEASE SPEAK WITH A MEMBER OF THE CANTEEN STAFF

***Please Note:**

EVERY OTHER WEDNESDAY: Burger and Chicken burger will alternate each week.

EVERY OTHER FRIDAY: Margarita Pizza and Goujons will alternate each week.