

Useful Contacts



This leaflet will help you to understand:

- * What a peer mentor is and what they do.
- * How to book a one to one appointment with a peer mentor.



Email: info@shimna.newcastle.ni.sch.uk

Peer Mentor Programme



Information for students 2024-2025



What are Peer Mentors and what do we do?

We are:

- A group of 6th form students who want you to feel safe and happy in school.
- We are here to act as a helping hand and listen to you if you have any worries.
- We have done some specialist training which will help us to mentor you.

Each form class will have two peer mentors who will visit once a week to check how you are getting on. You can also chat to us at break or lunch.

You can book a one to one session with us if you are feeling sad or worried about something and need a chat.

We will provide you with a safe place and time to talk through what is worrying you. We will listen and if necessary signpost you on to a professional that can help you.

A message from the peer mentoring team!

"I know it can be stressful for students sometimes & I just wanted to be able to help."



"I became a Listening Ear because I think it is easier for young people to talk to people closer to their own age."(Eve)

How can you book a one to one session?

- Speak to Danella (Danella's office is just as you come in the main entrance opposite Roberta's office)
- Speak to your form teacher
- Speak to a peer mentor

If anyone needs support please don't hesitate to speak to one of our peer mentors.



WE'RE HERE TO HELP